



THE WINGER



December 2012, A Publication of GWRRA-NY "W", Rochester, NY
"Friends for Fun, Safety, and Knowledge"

Merry Christmas from our Chapter Director



Another year is winding down and here we are, right in the middle of the holiday season. So far we have had a very mild fall and have still had some good riding weather but I'm thinking that we are probably done for the year. Cold weather has set in and we have had some snow and the salters have been at work.

I've looked back at the past December newsletters and I have had a reoccurring theme of thankfulness. This year will be no different. This is mainly because I am very thankful for all that I have and it is in no small part due to what other people do. This chapter is a big part of my life and it continues to grow and thrive because of a lot of hard work by many people. My leadership team, I am sure, is one of the best in the world!

I'll start with my wife, Dee, who is my rock and inspiration. Many of you read my articles each month or see me standing and talking at gatherings and events and think that I oversee chapter functions on my own but what you don't see is all of the work, planning, prodding, organizing and help that Dee does. She really is the brains and I am the public image. They say, "Behind every good man is a good woman." Well I'm here to tell you that she isn't behind me, but rather, right beside me! We are a

good team and I wouldn't be able to do it without her.



Greg & Dee Eames, CD

Larry Helber is a great assistant. Even though he's had a rough couple of years due to health and family issues, he is always willing to take on more responsibility and do whatever needs to be done. Currently he is working on our new website so the world will know who we are.

As I announced last month, Barb and Charlie Fedeli have accepted the role of 2nd Assistant Chapter Director. What can I say about them that you don't already know? How many chapter events have you been to that at least one of them isn't there? Whenever we need something done and ask for a volunteer, there is Barb with her hand in the air! From my point of view, Barb and Charlie are GWRRA and are chapter W. They are truly great people.

Jim Pearson has done justice to the title "Rider Educator". He, indeed, does a great job of educating us and has brought the levels program up to speed within our chapter. We can proudly boast major program participation and have many members certified in all levels. We have 8 level fours, the latest of which are Jim and his wife, Linda, Paul and Suzette Wood and Lynn Wood, 7 at level 3, 9 at level

CD cont., page 2

CD, from page 1

2 and 22 at level 1! This is great considering that before Jim we had none certified! Along with that he has also certified as a trainer and as a PLP (parking lot practice) facilitator. He has been instrumental in organizing motorcycle, trike and first aid training along with playing a major role in this year's and next year's training days held in Batavia. Jim is a great addition to our team.

Les and Joanne Johnston have worked very hard for our chapter considering that they are virtual "newbies". They hardly had a chance to get their feet in the door before I put them to work. Before they were Membership Enhancement coordinators, the job was mostly assumed as being the chapter director's responsibility. I believe that Bob Bacon was the first to actually assume the position but it has since been suggested by GWRRRA that we have a person (or persons) in the dedicated position to try to welcome and retain our members. Monthly updates on membership include lists of prospective and new members and members whose dues are expiring or expired. It is Les and Joanne's job to make sure all prospective and new members are welcomed, given all the info they need and have all their questions answered. They also call members whose membership has expired to see if it was an oversight and to see if there is anything that we can do to get them back. On top of all that they keep accurate listings of all members' information including contact information, birthday, anniversary, membership term and whether the member is active or inactive and if they receive the Winger or e-mails. They also put out the active participant listing so all you active members can put names to the faces. They really do a great job of pulling it all together.

Tim and MaryAnn Glasow are our sunshine couple. Whenever you see them they have big smiles on their faces and are always very amicable. They do a great job of keeping track of the members' health and to send cards to perk us up if things aren't going well. They also call us to remind us that we are all getting older and congratulate us for putting up with our spouses for as long as we have. Birthdays and anniversaries are important dates and they make sure people are recognized for them.

Al Skiles has been at the helm of our monthly newsletter, The Winger, for a lot of years and the

product he turns out is one of the best in the organization. I get comments from people all over about how great it is.

Sandra Heid is our chapter treasurer. Even though she doesn't have the opportunity to ride much with us she usually can be seen at the gatherings and does a great job of keeping all our finances in order.

Mike and Cindy Lewis are another "newbie" couple that came charging into our chapter and helping wherever they could. For that we honored them this year as our Couple of the Year. They didn't stop there, though. When we found out that there was a Chapter of the Year program, Cindy, along with Linda Pearson, volunteered to keep track of the information and keep track of all the event tallies to qualify us. It is a daunting task, to say the least. Did they stop there, you ask? NO!! When the position of Ride Coordinator opened up, they jumped in with both feet and, so far, have been organizing all the schedules of events including putting together the winter schedule. What hard workers they are!!

CD, cont. page 3

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CD, from page 2

Mickee (my daughter), Linda Waterman and Linda Pearson do a great job each month of selling tickets and distributing the door prizes and 50/50 monies at our gathering each month. They continue to do it month after month without fail. My hat's off to them.

We have a new member to the chapter team. Rick Rowles has volunteered to spearhead the Motorist Awareness campaign for us. It's a new position so he is basically walking the wire without a safety net. He has agreed to look into what he can do to raise public awareness of motorcycling and try to help the population see us and avoid accidents. Thanks, Rick!

To sum up, we have a lot of great, hardworking people in place within our chapter to make it a better organization for YOU. The next time you see them, thank them.

Dee is still taking R.S.V.P.'s for the post-holiday party to be held at the Liberty Lodge on Maple St. in Webster on January 27th. If you haven't signed up yet, please contact her. We will be doing a dish to pass and she has a sheet of what we have and what we need. The cost will be \$10. per person. Dee will be collecting at the December gathering, if you are unable to be at the December gathering you can get it to Dee at other chapter events in December or early January.

Contact her at dede@rochester.rr.com Now go back to your winter nap!!



December Tuesday Sho-n'-Go Schedule

Please note. the Tuesday night rides will meet at the restaurant. DO NOT go to BKW. You'll be alone.

Meet at the restaurant. Do Not go to BKW.

- Dec. 1st Breakfast at Panorama, 730 Elmgrove Rd., 8:00 AM
- Dec. 2nd NY Transportation Museum, E. River Rd. & Diner, 1:00 PM
- Dec. 4th Panera Bread, Panorama Trail, Penfield, 6:30 PM
- Dec. 11th Taste of Texas, 122 S Union St, Spencerport, 6:30 PM
- Dec, 14th Game Night, Fedeli's, 105 Camille Dr, Greece, 7:00 AM
- Dec 16th Coffee Klatch, Lewis's, 6434 E Townline Rd., Williamson, 10:00 AM
- Dec. 18th Mike's NY Diner, 3423 Winton Place, 6:30 PM
- Dec. 20th Gathering at Panorama, 730 Elmgrove Rd., Dinner 6:00 AM, Meeting 7:00 PM
- Dec. 31st New Year's Eve, Eames's, 7:00 PM

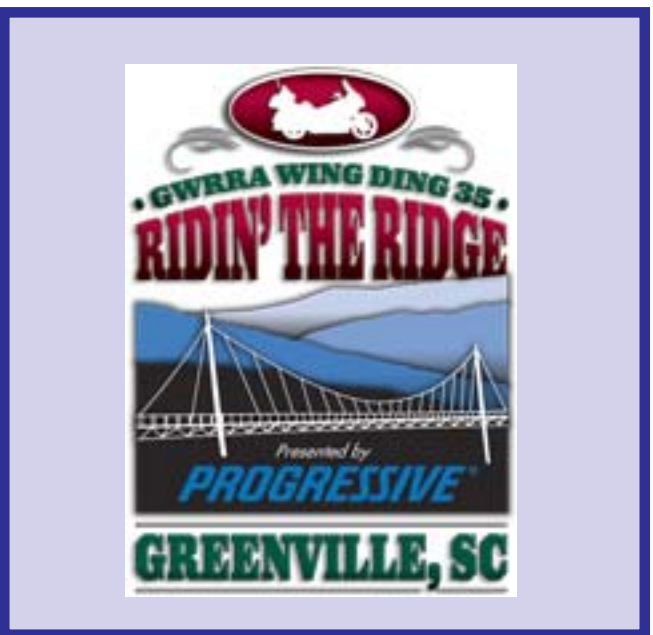
Yes, it is that time of the year again!

POST HOLIDAY PARTY

**Liberty Lodge
Maple St, Webster**

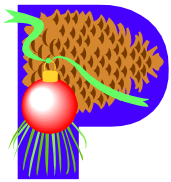
January 27, 2013

\$10.00 each. Pass the cash to Dee. While you're at it you can make your reservation with her too.



Assistant Director

by Larry Helber, ACD



Phone calls before 8:00 on a Sunday morning are usually not well received and when they do occur the first thing that goes through your mind when you hear the ring is what happened and it must be bad news. During the week I get up very early in the morning so even at 8:00 am on the weekend I still feel pretty good since I have had a couple of extra hours sleep already. Our Chapter Director, Greg knows this and since he also is in the habit of waking up early on the weekends too, I was not surprised when his name came up on the caller ID.

“When you go out riding today do you want to come along with us? We are going to leave about 11:00, stop at Hollink’s Honda for some oil and then we will make a right and then a left and see where it takes us.” Was the first thing I heard from him. Notice no assumption of “if” I was riding. It was the second weekend of November and we were blessed with a beautiful indian summer day. Greg knew I was going to go out riding, it was only a matter of with who and where. I needed to ferry my boys around until 11:00 but I would meet him at Holink’s.

Greg must have been very busy on the phone that morning because I was surprised to see 10 other bikes marshaled in the parking lot ready to embark on an adventure enjoying the weather. It was a great ride mixed with the giddiness from stealing an extra riding day this season. Rides like this make me thankful that I am part of an active chapter. I could have easily gone out for a nice long ride by myself but a special day like this needs to be shared. The shared energy made it a day to remember. Kudos to Greg for his quick work and organizing it.

A special atta-boy goes out to Jim too. At the November meeting he brought in a guest speaker,

an EMT from one of the local ambulance companies. I felt he was one of the best speakers we have had. Not only was he an EMT but he was also a rider himself. He spoke about many ideas and tips that will not only make us safer on the road but also ensure that we can help our first responders get us the proper help we need at a critical time.

Some cold and hot weather riding information he passed on I had learned about earlier while I was in Denver at the Iron Butt International Meet. I got into several conversations about riding apparel and surviving the heat. The method of wearing long sleeves and pants made out of a “wicking” fabric, dousing it with water and then wearing your riding suit over it with only a couple of vents open is the best way to stay cool when the temperatures are over 90°. More than one rider confirmed they use this trick. They admitted it didn’t keep them “cool” like they were riding with the air conditioner on but they certainly were a lot more comfortable than other methods. These were riders that spend a significant amount of time on the road in the western part of the country and they understand heat.

The reason it works is evaporation is a cooling process. It is the same method that many of those cool vests use. Here is where the gotchas are hidden. You need to wear the high tech fabric near your skin so it keeps the moisture away from your body. Wet skin will make you uncomfortable and give you a rash or sore spots. The “wicking” fabrics like

ACD, cont., page 5



Larry Helber,
ACD

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ACD, from page 4

polyester and polypropylene helps to move the moisture away from your skin where you will feel dry and the moisture can evaporate. Next your riding suit over the wicking layer will prevent that layer from drying out too quickly. A 70 mph wind at 90° will dry out any fabric very quickly. Your riding suit will help regulate the air flow. The danger behind drying out too fast it will also dry out your body quickly. Your body will continue to sweat trying to keep itself cool as you are riding and very quickly you are suffering from dehydration. A very serious problem if not quenched early enough.

A bonus is that pricy wicking fabric serves double duty in the winter time too. When the temperatures drop below 60° moisture becomes your enemy. It helps to transfer heat away from

your body very quickly. Anyone who has tried to use a wet dish towel as a pot holder can easily understand. A dry towel you can pick up the hot pan handle easily but wet the towel and the heat from the pan jumps right into the palm of your hands. Try it but please be careful. Keeping the water away from your skin will keep you feeling a lot warmer during the colder weather. So for winter weather wear a wicking layer to keep you feeling dry and warm. Next an insulation (or electric) layer if it is really cold followed by your riding apparel for protection. You will be able to extend your riding season by several months.

It is now the end of November and I am still comfortably riding on the sunny days. Last weekend I rode down to the Corning Museum of Glass to do some Christmas shopping but that is another story...

Merry Christmas and
Happy New Year

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DECEMBER
BIRTHDAY GREETINGS

Kathy Clinton	2 nd	
Mike Schelkun	9 th	
Pat Toal	10 th	
Elaine Oleary	11 th	
Jean Read	14 th	
Robert Bacon	16 th	
Ginny Schelkun	25 th	
Kathleen Tomasino	25 th	

HAPPY ANNIVERSARY

Myron & Janice Fox	17 th	46 Years
Ralph & Carol Emilo	27 th	46 Years



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Contact Rick Rowles, NY "W"



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Would ERC Help?

by Larry Helber, ACD

 received an email with a video attachment the other day. It was titled "**Bad Move on Dragon — Led to Another Serious Crash.**" The video showed a motorcyclist riding through a curve waving at the photographer. Half ways through the turn you see a red corvette enter the curve going the opposite way. Almost immediately you see the bike straighten up and the brake light came on. The last couple of frames the motorcycle hits the car and you see the rider fly over the handle bars. Nothing is mentioned in the video or email about the rider's condition but something in the commentary struck an off note for me.



guy stopped looking into the turn, straightened the bike." A lot of things went wrong that day, the commentator thought they knew what the rider did wrong. I am not so sure. Maybe other graduates from the ERC may have noticed it too. I will pause if some of you wish to reread the above.

What I noticed was a conflict with what I learned during one of the last lessons in the ERC – braking in a curve. During the field portion of the ERC we were asked to ride into a curve and perform a quick stop. The proper procedure is to maximize traction / stopping ability by straightening the course bike and then braking hard with front and rear brakes. I don't know the rider in the video and I wasn't there when it happened but it is possible the rider saw the oncoming car and felt a panic stop was his best option. In this case he acted properly - he straighten the bike and braked hard.

ERC, cont., page 8

The comment for the video said "Note that this

ERC, from page 7

Unfortunately for the rider it didn't end well.

Assuming the above is correct I am more inclined to believe the error happened earlier, much earlier. If the rider did have the knowledge on how to properly stop I expect he didn't spend any time practicing his skills. This could have prevented the accident in two ways. With practice the rider's braking and balancing ability will be better and his stopping distance would be reduced. In addition, and



not as obvious, the rider would have a much better idea about the distance he is able to stop his motorcycle. Armed with more skill and a better judgment the rider entering into this panic situation would be better able to access his options and perform the proper maneuver. In this case he would have recognized he didn't have enough room to stop in time and use one of the avoidance maneuvers instead.

A large portion of the ERC is spent in learning proper techniques in handling the motorcycle in different situations and speeds. Once again the same axiom applies here. You learn the techniques in the course but they are only going help if you practice. Practicing improves your skills and also teaches your brain the limits of you and your motorcycle. Entering into a panic situation, your brain will make quicker decisions because it has physical knowledge about your abilities and will be better prepared to guide you to safety.

Finally we consider the beginning of the ERC, the classroom. This is where we talked about the important issue of **not getting into trouble in the first place**. Being aware of where you are and your abilities is very important and is a skill you need to

be constantly improving on every time you straddle the bike. If the rider had spent more time paying attention to where he was going instead of trying to look good for the photographer he may not have put himself into a situation that required a critical decision in the first place.

I have been through those curves and I am guilty of attempting to wave to the camera too but changed my mind soon after I raised my hand. Now that I look at the pictures I am glad I did. The photo looks much better with the rider's hands in the proper position under full control.

CHRISTMAS COOKIES

From the *Family Heritage Cookbook*

Crasin Cookies

- 2 cups butter
- 1 cup sugar
- 4 cups flour
- Orange zest
- A bunch of craisins, white chocolate chips and walnuts, use as little or as much as you like

Mix all ingredients together, roll into balls. Bake 350 degrees for 10-14 minutes.

Snowballs

- 1 cup butter
- 1/2 tsp. salt
- 1Tbbs. Vanilla
- 1 cup confection sugar
- 5 oz. diced nuts
- 2 cups flour

Mix all ingredients in a bowl. Shape into balls. Place on ungreased cookie sheet. Bake 350 degrees for 15-18 minutes. Cool slightly, roll in powdered sugar.

Thumbprints

- 1/4 cup shortening
- 1/4 cup butter
- 1/4 cup brown sugar
- 1 egg yoke
- 1/2 Tsp vanilla
- 1 cup flour
- 1/4 Tsp salt

Mix well, roll into balls. Dip in beaten egg whites. Roll in finely chopped walnuts. Place on ungreased cookie sheet. Bake 3 minutes in 375 degree oven. Quickly press thumb into each cookie. Bake 8 minutes longer. Fill with jam.



GAME TIME

Ice cream Fridays are over for the year so from September through May we will once again be having game nights. On the 2nd Friday of the month we will be gaming at the Fedeli's and the last Friday we will be at the Eames'. Starting time is 7:00 PM. Bring your favorite game and a small snack (ice cream, cookies, candy etc.). Even if you're not into games come for the socializing!

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SO I GO BACK TO BEING

Come to think
of it, being
Goofy Fixer is
normal for
Greg.



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Region Trainer	Eileen & Tim Guile
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Coordinators	Mike & Shirley Prince
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