



The Winger



September A publication of GWRRR-NY "W" Rochester, NY
"Friends for Fun, Safety, and Knowledge"

The Chapter "W" Director Speaketh

by Greg Eames, CD

Summer's Waning!!!

Even though we had a slow start this spring. it's been a fantastic summer! We've had lots of opportunities for riding, socializing and, of course, eating!

We started August with an overnight ride that first went to the Zippo lighter/ Case knife factory outlet and museum in Bradford, Pa. led by Larry Helber. After that the Fedeli's took over and took us to St. Marys, Pa. for a tour to look for elk. We travelled through Elk County on the back roads and saw quite a few before returning to our motel for the evening. The next morning we went to the Elk County Visitors Center where there were lots of interactive displays and stuffed animals. There were elk, deer, bears, and many other different animals. There were also several sets of antlers in different sizes that we could take our pictures with. When we left there we had a terrific ride through the hills of northwestern Pa. On the way back we stopped at Sprague's in Portville, NY for a great meal. All in all it was a wonderful weekend!

The following week was the NY/NJ Bi-State convention that was held in Liverpool at the Holiday Inn. This year's convention had all of the activities, with the exception of some of the ride courses range work, on premises. The convention was well attended by a good mix from both states and everyone seemed to be having a great time. Hats off to both district staffs for all the work that went into making it a huge success. Next year's convention will be held in New Jersey.

The 3rd weekend was our annual picnic again held

at our house. We had great weather and several of us went for an 80 mile ride first before coming back to the group already at the house for another great picnic. I would like to thank my wife for all the effort she puts into this every year and to the other ladies that help her put it all together.



Greg and Dee Eames

This coming weekend we have 2 rides going out after the ElmGrove breakfast. One is heading west to the Olcott Beach car show, led by Paul Wood. After the show he is planning to ride to a good lunch stop. The other ride will go east, led by yours truly to Skaneateles to see the shops and have lunch at Doug's

Fishfry. We will be meeting some of the members of chapter D there to swap Dash 4 Cash points.

September 23-25 is the Ride Out to be hosted again this year by chapter N and held in Diamond Point on

CD, cont., page 3



Sept. Tuesday Sho-n'-Go Schedule

Please take note the Tuesday night ride will meet for Sho- at 6:00 PM next to the BKW parking lot on Pixley Road n-Go at 6:30.

- Sept 3rd Breakfast at the Elmgrove Family Restaurant, 8:00 AM
- Sept.3rd Olcott Beach Car Show, Departs after Breakfast
- Sept 3rd Skaneateles and Dougs Fish Fry Departs after Breakfast
- Sept 6th Minnehan's 560 Big Tree Rd., Lakeville 6:30 PM BKW
- Sept 10th Cottage Inn, 10:00 AM, Wegmans
- Sept 10th Chimney Bluff State Park, Depart from Cottage Inn
- Sept 13th Dragon House, Rt. 250 & Rt 441, Penfield, 6:30 PM, BKW
- Sept.15th Chapter Gathering Elmgrove Family Restaurant,
6:00 PM, Dinner Time
7:00 PM, Enlightening words from our Chapter & District Staff
- Sept 17th Hammondsport Sea Plane Departure Time to Be Annouced
- Sept. 20th Hilton Family Restaurant, 52 Hovey, Hilton, 6:30 PM, BKW
- Sept 24th Poor Billy Memorial Ride to Middlesex Roast Beef Dinner, 3:00 PM, Charlie Ridels, Victor
- Sept 27th Lighthouse Diner, 500 South Union, Spencerport NY, 6:30 PM, BKW
- Oct. 1st Breakfast at the Elmgrove Family Restaurant, 8:00 AM

Have A Safe & Fun August

The NY W Ride Coordinators

August BIRTHDAY GREETINGS

Craig Branshaw	5th
Aalan Feiock	6th
Greg Eames	7th
Nancy Motley	15th
Debra	19th
Jean	25th
Duane Motley	26th
Jim Pearson	28th



*HAPPY
ANNIVERSARY*

John and Peggy Kent	5th	41 years
Paul and Suzette Wood	12th	19 Years
Alan and Kathry Feiock	16th	44Years



Gold Wing Road Riders Associaiton announces that Wing Ding 34 will be held in Fort Wayne, IN, on

July 4th - July 7th, 2012.



Got a problem with your Wing?
Perhaps Goofy Fixer can **help** you.

Call Goofy at 748-3953 for free **help** to active Chapter "W" members.

CD, from page 1

Lake George. All reports from last year were that it was a job well done and they've had a whole year to plan on how they can do even better! Should be a can't miss.

The ice cream rides are over starting in September and due to the good attendance we had last year we will again be having game nights on the last Friday of each month at 7PM at our house. Even if you aren't into playing games, come on down for the good times! Every couple (or single) brings a pint of their favorite ice cream and a topping. What kind of a GW gathering would it be without ice cream?

Have a wonderful September!!

From the Glasow's...

Sunshine Club - Birthdays



Tim & Mary Ann Glasow

If you know of someone who is having surgery, ill, or passed away, please inform Tim or Mary Ann so that the proper acknowledgement can be made. Their phone number is 225-8916 and their e-mail is:

trglasow@frontiernet.net.

Endless coffee



We will see you on Saturday, June 5th at Elm Grove Family Restaurant. They will start taking our food orders about 8:00 AM. Come for the fun, food, and fellowship. A great way to start the month.

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NOTICE

This Saturday morning Breakfast will be at Olymnia Restaurant at the corner of Flynn Road and Latta Road. Elm Grove Rest. closed for holiday

Questions! Questions! Questions!

by Nancy Motley

“What is it?” is a question people almost always asked when Duane and I ride the yellow, 1800 Gold Wing, pulling the Corvette, racing trailer. Any time we stop, people come around and asked, “What is it? Can I take a Picture?” They are usually amazed that it is a trailer. Most think it is a mini size Corvette being towed on a trailer. Small children usually ask if they can ride in the little car.

As we are driving on highways, it is not uncommon for people to pull up beside us, slow down and thoroughly check the rig. Frequently, some will get their cell phone and take a picture as they ride beside us. After the picture, they smile, give a thumbs up and pull away.

There are two other questions that only bikers ask, “What is it? Does it work?” They are referring to the clear plastic, tinted shield behind the passenger seat. When I first saw the shield, I asked myself the “What is it?” question and begin to ponder the answer.

I arrived at several things it could be: (1) windshield for the back of my head (Everyone knows that all mothers have eyes in the back of their head); (2) place where Duane could put more sparkly lights; (3) extra support to keep an old lady from flying off when bouncing over those extra big joints in the roadways; (4) Windshield to protect the trunk lid; (5) sun visor to keep the sun off the riders back.

Imagine my surprise when Duane answered

the “What is it?” question to learn that it was a wind deflector to reduce wind currents coming around the riders shoulders and neck. This information led to the next question bikers ask, “Does it work?”

I definitely get a lot less wind on my shoulders and neck than I did on the 1500. Could it be seat position? On the 1800, I sit much lower than on the 1500. This might allow Duane’s body to give me more protection from wind currents. Could it be partly due to new helmets? We purchased new helmets that are physically larger in size, different in shape and have full face coverage.

This may change some of the wind currents moving around it.

Is it the deflector? The only way we are going to be able to answer that question is to remove it, ride the bike and see if there is a difference. Since you all know the answer to “What is it?”, watch for the answer for “Does it work?” in an upcoming *Winger*, after Duane has time to remove

the shield for a test drive without it.



HELP !

**This space reserved for the Ladies
Corner, Co-riders Corner, or some kind
of corner, page, epistle or whatever
SHE wants to call it.**

So, who’s gonna write it?

**LATEST GRANDKID
PICTURE
RECIPES**

**SHOPPING
TRIP
CO-RIDER COMFORTS
AND TIPS**

Please ladies, don’t fight over this opportunity!

News From Our Assistant Chapter Director

by Larry Helber, ACD

Wow, what a great summer of riding this has been. I was very happy to see many of you take advantage of the many rides that were available this summer. This summer the Chapter had all different levels of rides available, we opened the summer with a couple of parades, we had a day rides to the Stewart museum, Mother's and Father's Day rides and Mickee's Mystery ride. There were plenty of rallies and conventions to attend such as the recent Bi-State in Syracuse, New England's, Ohio's and Pennsylvania's conventions, and of course the GWRRA National Wing Ding was in a location that was close enough for many of us to visit too. This year we even had a couple of over nighters. Ride for Kids is a day ride but some traveled a day early for convenience and fun. There was also the Pennsylvania overnight trip that was fun and well attended. When I could I enjoyed the dinner and ice cream rides. Each one of these events required the coordination efforts of one or more people. I would like to thank each every one of you for making this a great summer for the rest of us.

This year I felt like I wanted to try a leading a couple of these rides. I started by taking the Road Captain's course in April. The course was great in teaching me how to get everyone down the road safely but I was still nervous since I was not sure if I understood the full needs of the group when it came to planning rest stops, meals and road choices. A few phone calls to Greg kept me on the right track. The best advice he gave was to not worry about making perfect choices, they don't exist and



Larry Helber

mistakes are just adventures to laugh about latter. With that advice I planned and lead some rides at several levels this summer. It was a lot of fun looking in my mirrors and seeing a line of motorcycles following me. Thank you Greg for your help and support. Armed with this new skill I now appreciate more how nice it is to be just one of the riders in the pack.

With the close of summer we lead into another great time for riding. Once again there is a variety of events available. The Ride out in Lake George was quite the event last year and is run by the same chapter this year. It would be great to have a large contingent to take notes since we are thinking about hosting the Ride In in the spring. We also have the promise of a Fall Foilage overnigher too (TBD). We still have some longer day rides scheduled on selected Saturdays. Two are scheduled after breakfast on the 3rd. Check the ride schedule for more information. With fall we loose the ice cream rides but we still have diner rides on Tuesdays and certain Saturdays. I always enjoy riding in the fall. The temperatures are cooler and the air seems fresher. I enjoy watching the leaves change color the pace seems to slow down and the summer tourists have all gone home. Time to wind down, relax and get the most out of the remaining riding season. I hope to see you on the rides, and when you go make sure you thank the rider coordinator / leader, it will make his or her efforts that much sweeter.

Send your news articles
and/or ads to

Newseditor-Al@gwrra-nyw.org

Due by the 20th

GWRRA Leaders



GWRRA NATIONAL
Executive Director **Mike Stiger**



NORTHEAST REGION "B"

Region B Director **Ed & Dottie Bahrenburg**

Region Educators **Tim and Ann Grimes**

CPR/FA **Keith & Elaine Price**

2010-11 COY **Rich and Doreen Lampe**

Region Trainer **Ed & Dottie Bahrenburg**

Region Membership Enhancement
Coordinators **Mike & Nancy Mandell**

Region Chapter of the Year
Coordinators **Mike & Shirley Prince**

Region Treasurer **Michelle Perry**

Webmaster **Clark Clemens**

NEW YORK DISTRICT

NY District Director **Paul & Suzette Wood**

NY Assistant District Director **Bob & Kathy Turner**

NY Assistant District Director **Gary & Donna Cork**

NY District Treasurer **Kathy De Groff**

NY Rider Educator **Al & Emily Stahl**

NY District Leader Trainer **Jack & Donna Seeley**

NY District COY Coordinators **Bob & Sandy Kelley**

NY Couple of the Yea **Ed & Dottie Bahrenburg**

NY District MAD Coordinators **TBA**

NY District Membership
Coordinators **Pete & Marielle St. Amour**

Breakfast at Elm Grove

Come join the breakfast fun at the Elm Grove Family Restaurant the first Saturday of every month at 8:00 AM.
The Elm Grove Family Restaurant
730 Elmgrove Rd. just off Rt. 531.
It is north of Rt. 531 on the east side of the road next door to a 7-11.
If you cross Lyell Rd. say oops and turn around.

Open for Dinner

Elm Grove Family Resturant is open for dinner
Tuesdays thru Saturday.

NY District Public Relations **Linda Waterman**
NY District Web Mistress **Suzette Wood**
NY Newsletter Editor **Phil Coons**

NEW YORK CHAPTER "W"

Chapter Director **Greg & Dee Eames**

Asst. Chapter Director **Larry Helber**

Treasurer and Supplies **Sandra Heid**

Ride Coordinator **Marty Watkins**

Dan Strong

Ride Safety Education **Jim Pearson**

Membership **Les & Joanne Johnston**

Newsletter Editor **Allen Skiles**

Asst. Newsletter Editor **Larry Helber**

Photo Album **OPEN**

Sunshine Club, Birthdays/
Anniversaries **Tim & Mary Ann Glasow**

50/50 Raffle **Kathy Jordan**

Door Prizes **Sue Skyner**

Webmaster **Allen Skiles**

Asst. Webmaster **Larry Helber**

The next Gathering will be September 15, 2011

Elm Grove Family Restaurant
730 Elmgrove Rd. just off Rt. 531
north of Rt. 531 on the east side of the
road next door to a 7-11. If you cross
Lyell Rd. say oops and turn around.

Dinner Meeting schedule:
Meet and eat at 6:00 PM
– Meeting about 7:00 PM



Perhaps, we should look at the humble cucumber in a different light?

WOW! WHAT A LITTLE GEM THE CUCUMBER IS, I WILL LOOK AT IT DIFFERENTLY NOW.

1. Cucumbers contain most of the vitamins you need every day, just one cucumber contains Vitamin B1, Vitamin B2, Vitamin B3, Vitamin B5, Vitamin B6, Folic Acid, Vitamin C, Calcium, Iron, Magnesium, Phosphorus, Potassium and Zinc.

2. Feeling tired in the afternoon? Put down the caffeinated soda and pick up a cucumber. Cucumbers are a good source of B Vitamins and Carbohydrates that can provide that quick pick-me-up that can last for hours.

3. Tired of your bathroom mirror fogging up after a shower? Try rubbing a cucumber slice along the mirror, it will eliminate the fog and provide a soothing, spa-like fragrance.

4. Are grubs and slugs ruining your planting beds? Place a few slices in a small pie tin and your garden will be free of pests all season long. The chemicals in the cucumber react with the aluminum to give off a scent undetectable to humans, but drive garden pests crazy and make them flee the area.

5. Looking for a fast and easy way to remove cellulite before going out or to the pool? Try rubbing a slice or two of cucumbers along your problem area for a few minutes, the phytochemicals in the

cucumber cause the collagen in your skin to tighten, firming up the outer layer and reducing the visibility of cellulite. Works great on wrinkles too!!!

6. Want to avoid a hangover or terrible headache? Eat a few cucumber slices before going to bed and wake up refreshed and headache free. Cucumbers contain enough sugar, B vitamins and electrolytes to replenish essential nutrients the body lost, keeping everything in equilibrium, avoiding both a hangover and headache!!

7. Looking to fight off that afternoon or evening snacking binge? Cucumbers have been used for centuries and often used by European trappers, traders and explores for quick meals to ward off starvation.

8. Have an important meeting or job interview and you realize that you don't have enough time to polish your shoes? Rub a freshly-cut cucumber over the shoe, its chemicals will provide a quick and durable shine that not only looks great but also repels water.

9. Out of WD-40 and need to fix a squeaky hinge? Take a cucumber slice and rub it along the problematic hinge, and voila, the squeak is gone!

10. Stressed out and don't have time for massage, facial or visit to the spa? Cut up an entire cucumber and place it in a boiling pot of water, the chemicals and nutrients from the cucumber will react with the boiling water and be released in the steam, creating a soothing, relaxing aroma that has been shown to reduce stress in new mothers and college students during final exams.

11. Just finish a business lunch and realize you don't have gum or mints? Take a slice of cucumber and press it to the roof of your mouth with your tongue for 30 seconds to eliminate bad breath, the phytochemicals will kill the bacteria in your mouth responsible for causing bad breath.

12. Looking for a 'green' way to clean your faucets,

Cucumber, cont., page 8



Cucumber, from page 7

sinks or stainless steel? Take a slice of cucumber and rub it on the surface you want to clean, not only will it remove years of tarnish and bring back the shine, but it won't leave streaks and won't harm your fingers or fingernails while you clean..



13. Using a pen and made a mistake? Take the outside of the cucumber and slowly use it to erase the pen writing, also works great on crayons and markers that the kids have used to decorate the walls!! Pass this along to everybody you know who is looking for better and safer ways to solve life's everyday problems.



**Goofy
Fixer**

Broke down along the road of life? Goofy can't help you. However, if you broke down along a regular road, give him a call. Check out the NY-W website - www.gwrra-nyw.com/goofy_fixer.htm

Have Trailer, Will Travel

GoldWing - the sound of quiet.

GWRRA-NY "W"

c/o Allen Skiles, Sr.
4-D Burke Lane
Spencerport, NY 14559-1544